



WOMEN LAWYERS OF LONG BEACH AND  
LONG BEACH LEGAL PROFESSIONALS ASSOCIATION

*Presents*

# CARING FOR MENTAL HEALTH AND BRAIN HEALTH FOR A SUSTAINABLE CAREER IN LAW



**MARCH 25TH  
AT 5:30PM**

**JADE RESTAURANT**  
6380-A East Pacific Coast Highway  
Long Beach, CA 90803



This presentation by clinical psychologist Dr. Stacy Reger will focus on ways to cultivate and maintain psychological wellbeing while working in a busy and often high stress career in law. This presentation qualifies for one hour of MCLE Wellness Competence Credit.

FREE TO JUDGES AND LAW STUDENTS,  
\$15.00 FOR WLLB OR LBLPA MEMBERS,  
\$30.00 FOR NON-MEMBERS

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