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Micro Aggressions

Presented by:

Bethany Ensz

Free for all Legal Professionals

Tuesday, August 17, 2027
12:00 p.m. - 1:00 p.m.

WEBINAR

This webinar explores what microaggressions are, how they can affect workplace relationships and professional environments, and why recognizing them matters. Participants will learn to identify common forms of microaggressive behavior, understand their potential impact on colleagues and clients, and develop practical strategies for responding appropriately and fostering a more respectful, inclusive workplace.



About the Instructor

Bethany Ensz

Bethany S. Ensz, M.S., is a Legal Research and Analysis instructor at UCSD Division of Extended Studies. She previously worked as a corporate paralegal and office manager at Breakwater Law Group, LLP, and held positions at Sheppard Mullin and McKenna Long & Aldridge LLP (now Dentons). Bethany holds a B.S. in Criminal Justice with a minor in Psychology from Indiana University and an M.S. in Legal Studies from the University of San Diego School of Law. She earned her paralegal certificate from UC San Diego Division of Extended Studies, where she was inducted into the LEX Honor Society.

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