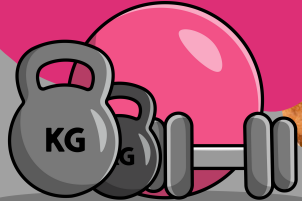


LPI 6-WEEK HEALTH CHALLENGE 2024!

PRICE
\$30

01/15/24
TO
02/25/24



REGISTER BY
SCANNING
THE QR CODE
OR VISIT THE LPI
WEBSITE BELOW



WHAT YOU GET:

<https://www.legalprofessionalsinc.org/events/>

- 6-weeks of group health training from a Certified Personal Trainer
- A water bottle to keep you hydrated
- A new fitness class every week via Zoom, with three levels of activity (easy, moderate & advanced)
- Healthy recipes
- Facebook support group
- A winner every week!
- Every penny collected goes back to the participants
- This is a points based system, so all fitness levels are welcome
- At the end of the 6-weeks, there will be three grand prize winners!



**THIS IS A HEALTH CHALLENGE
NOT A WEIGHT LOSS CHALLENGE.
THIS PROGRAM IS FOCUSED ON
CREATING SUSTAINABLE HEALTH
CHANGES WITHIN A BUSY LIFE.**

A SPECIAL THANK YOU TO
OUR SPONSORS!

**YOU ARE BEAUTIFUL,
YOU ARE STRONG,
YOU ARE WORTH IT!**

